

2025-26 MIAC Men's Track & Field Regional and National Awards**2026 USTFCCCA Men's Outdoor All-America**

Name	Institution	Class	Event	Team	Previous Honors
Stephen Feig	Bethel	Fy.	4x100 Relay	First Team	--
Tony Haack	Bethel	Sr.	4x100 Relay	First Team	--
Elliot Kent	Bethel	Fy.	4x400 Relay	First Team	--
Caleb Ketterling	Bethel	Jr.	4x400 Relay	First Team	--
Landen Liu	Bethel	Sr.	4x100 Relay	First Team	2024
Cameron McConnell	Bethel	Sr.	4x100 Relay	First Team	2024 2025
Grant Nelson	Bethel	Sr.	400 Meters	First Team	2025
Grant Nelson	Bethel	Sr.	4x100 Relay	First Team	2024 2025
Grant Nelson	Bethel	Sr.	4x400 Relay	First Team	2023 2024 2025
Cooper Folkestad	Concordia	Sr.	Shot Put	First Team	2025
Isaiah Watson	Hamline	So.	Triple Jump	First Team	2025 (2T)
Max Albertson	St. Olaf	Jr.	Long Jump	First Team	--
Kevin Turlington	St. Olaf	Sr.	10000 Meters	First Team	--
Trent Beseth	St. Scholastica	Sr.	Discus	First Team	--
Timmy Ball	Bethel	So.	Discus	Second Team	--
Tyler Goss	Concordia	Jr.	Steeplechase	Second Team	--
Mitchell Degen	Saint John's	Sr.	Javelin	Second Team	--
Cole Stencil	Saint John's	Jr.	1500 Meters	Second Team	--
Kevin Turlington	St. Olaf	Sr.	5000 Meters	Second Team	2025 (2T)
Trent Beseth	St. Scholastica	Sr.	Shot Put	Second Team	2024 (1T)

2026 USTFCCCA Men's Indoor All-America

Name	Institution	Class	Event	Team	Previous Honors
Landen Liu	Bethel	Sr.	60 Meters	First Team	2023 2024 2025
Grant Nelson	Bethel	Sr.	400 Meters	First Team	2024 2025
Cooper Folkestad	Concordia	Sr.	Shot Put	First Team	2024 (2T) 2025
Isaiah Watson	Hamline	So.	Triple Jump	First Team	--
John Ihrke	Macalester	So.	800 Meters	First Team	--
Cole Stencil	Saint John's	Jr.	Mile	First Team	--
Trent Beseth	St. Scholastica	Sr.	Shot Put	First Team	2024 (2T) 2025
Christian Fells	St. Olaf	Jr.	800 Meters	Second Team	--
Cullen Moore	St. Olaf	Sr.	800 Meters	Second Team	--
Paxon Myers	St. Olaf	Fy.	800 Meters	Second Team	--

Lance Nemecek St. Olaf Sr. 800 Meters Second Team --

2026 USTFCCA Men's Outdoor All-North Region

Name	Institution	Class	Event	Previous Selections
D'Vante McElroy	Augsburg	Fy.	Triple Jump	--
Timmy Ball	Bethel	So.	Discus	--
Stephen Feig	Bethel	Fy.	4x100 Relay	--
Tony Haack	Bethel	Sr.	4x100 Relay	--
Elliot Kent	Bethel	Fy.	400 Meters	--
Elliot Kent	Bethel	Fy.	4x400 Relay	--
Caleb Ketterling	Bethel	Jr.	4x400 Relay	--
Landen Liu	Bethel	Sr.	100 Meters	2024 2025
Landen Liu	Bethel	Sr.	4x100 Relay	2024
Cameron McConnell	Bethel	Sr.	200 Meters	--
Cameron McConnell	Bethel	Sr.	4x100 Relay	2024
Grant Nelson	Bethel	Sr.	200 Meters	2025
Grant Nelson	Bethel	Sr.	400 Meters	2024 2025
Grant Nelson	Bethel	Sr.	4x100 Relay	2024
Grant Nelson	Bethel	Sr.	4x400 Relay	2023 2024 2025
Logan Swanson	Bethel	Fy.	110-Meter Hurdles	--
Reese Anderson	Carleton	Sr.	Javelin	--
Cooper Folkestad	Concordia	Sr.	Shot Put	2024 2025
Cooper Folkestad	Concordia	Sr.	Discus	2025
Tyler Goss	Concordia	Jr.	Steeplechase	--
Eli Hayes	Concordia	Sr.	Javelin	2024
Logan Day	Gustavus	Fy.	Javelin	--
Kyler Flunker	Gustavus	So.	High Jump	--
Isaiah Watson	Hamline	So.	Triple Jump	2025
Mitchell Degen	Saint John's	Sr.	Javelin	2024 2025
Bailey Evans	Saint John's	So.	Decathlon	--
Anthony Ferrante	Saint John's	So.	4x100 Relay	--
Derek Guth	Saint John's	Sr.	4x100 Relay	--
Aiden Jones	Saint John's	Fy.	4x100 Relay	--
Kieran Murnan	Saint John's	Jr.	4x100 Relay	--
Cooper Smith	Saint John's	Jr.	400-Meter Hurdles	--
Cole Stencil	Saint John's	Jr.	1500 Meters	--

Max Albertson	St. Olaf	Jr.	Long Jump	--
Garrett Seppanen	St. Olaf	So.	1500 Meters	--
Kevin Turlington	St. Olaf	Sr.	5000 Meters	--
Kevin Turlington	St. Olaf	Sr.	10000 Meters	--
Trent Beseth	St. Scholastica	Sr.	Shot Put	--
Trent Beseth	St. Scholastica	Sr.	Discus	2024
Trent Beseth	St. Scholastica	Sr.	Hammer	--
Joshua Monreal	St. Scholastica	Jr.	Hammer	--

2026 USTFCCCA Men's Indoor All-North Region

Name	Institution	Class	Event	Previous Selections
Pryce Ferrin	Bethel	Sr.	60-Meter Hurdles	--
Elliott Kent	Bethel	Fy.	4x400 Relay	--
Caleb Ketterling	Bethel	Jr.	4x400 Relay	--
Victor Lelinga	Bethel	Jr.	4x400 Relay	2025
Landen Liu	Bethel	Sr.	60 Meters	2023 2024 2025
Landen Liu	Bethel	Sr.	200 Meters	--
Grant Nelson	Bethel	Sr.	200 Meters	2025
Grant Nelson	Bethel	Sr.	400 Meters	2023 2024 2025
Grant Nelson	Bethel	Sr.	4x400 Relay	2023 2024 2025
Logan Swanson	Bethel	Fy.	60-Meter Hurdles	--
Gabe Nichols	Carleton	Sr.	3000 Meters	--
Gabe Nichols	Carleton	Sr.	Mile	--
Cooper Folkestad	Concordia	Sr.	Shot Put	2025
Isaiah Watson	Hamline	So.	Triple Jump	--
John Ihrke	Macalester	So.	800 Meters	2025
Cole Stencil	Saint John's	Jr.	Mile	--
Owen Montreuil	Saint John's	Sr.	Distance Medley Relay	2025
Cooper Smith	Saint John's	Jr.	Distance Medley Relay	--
Nick St. Peter	Saint John's	Sr.	Distance Medley Relay	2025
Cole Stencil	Saint John's	Jr.	Distance Medley Relay	2025
Jackson Bullock	St. Olaf	So.	Distance Medley Relay	--
Austin McInturff	St. Olaf	So.	4x400 Relay	--
Aidan McKeever	St. Olaf	Fy.	Distance Medley Relay	--
Cullen Moore	St. Olaf	Sr.	800 Meters	--
Cullen Moore	St. Olaf	Sr.	4x400 Relay	--

Cullen Moore	St. Olaf	Sr.	Distance Medley Relay	--
Paxon Myers	St. Olaf	Fy.	4x400 Relay	--
Lance Nemecek	St. Olaf	Sr.	800 Meters	--
Lance Nemecek	St. Olaf	Sr.	4x400 Relay	--
Kevin Turlington	St. Olaf	Sr.	3000 Meters	--
Kevin Turlington	St. Olaf	Sr.	5000 Meters	--
Kevin Turlington	St. Olaf	Sr.	Distance Medley Relay	--
Trent Beseth	St. Scholastica	Sr.	Shot Put	2025
Trent Beseth	St. Scholastica	Sr.	Weight Throw	--
Noah Kubicek	St. Scholastica	Sr.	400 Meters	--

2025-26 USTFCCA National Athlete of the Week

Name	Institution	Class	Hometown	High School	Date
Grant Nelson	Bethel	Sr.	Minneapolis, Minn.	Providence Academy	2026-05-11

2025-26 CSC Academic All-America Men's Cross Country/Track & Field

Name	Institution	Class	Hometown High School	Team	Previous Selections
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2025-26 CSC Academic All-District Men's Cross Country/Track & Field

Name	Institution	Class	Hometown High School	Previous Selections
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2025-26 USTFCCA All-Academic Men's Track & Field

Name	Institution	Class	Hometown High School	Previous Selections
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